MDMA: "Ecstasy," an Adjuvant to Psychotherapy and a Street Drug of Abuse

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The use of MDMA (3,4-methylenedioxymethamphetamine), a synthetic hallucinogen also known as "Ecstasy," in the West, is significantly located in California and most of the country. A recent report indicates that the drug's use is spreading. In 1985, 75% of the MDMA users were in the West, but by 1989, the proportion had increased to 80%. There is evidence that MDMA is now being used as a replacement for marijuana use and a substitute for other street drugs.

In 1985, the number of MDMA users in the West was estimated at 100,000. By 1989, the number had increased to 150,000. In 1990, MDMA use was estimated to be at 200,000. The use of MDMA among college students is also increasing. A recent study indicates that 15% of college students have used MDMA at least once. In 1990, 25% of college students had used MDMA at least once.

As MDMA becomes more readily available, there is a growing concern about its use among the general population. The use of MDMA among teenagers and young adults is particularly concerning. A recent study indicates that 10% of teenagers have used MDMA at least once. In 1990, 15% of teenagers had used MDMA at least once. The use of MDMA among adults is also increasing. A recent study indicates that 10% of adults have used MDMA at least once. In 1990, 15% of adults had used MDMA at least once.

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