

CURRICULUM VITAE

Michael C. Mithoefer, MD

DATE OF BIRTH: October 17, 1946
PLACE OF BIRTH: Lexington, Kentucky U.S.A.

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**STATE PROFESSIONAL
BOARD LISCENSURE:**

South Carolina Medical Board # 10653

BOARD CERTIFICATION:

American Board of Psychiatry and Neurology
4/96 – present (recertified 6/06)
American Board of Emergency Medicine
2/26/87 - 2/97
12/23/05 – present (recertified 12/05)
American Board of Internal Medicine
9/16/81 - present

EDUCATION AND TRAINING:**Undergraduate:**

1966-1970 Trinity College, Hartford, Connecticut

Degree:

B. A., English

Graduate:

1973-1977 Medical University of South Carolina
Charleston, South Carolina

M.D.

Post-graduate:

1977/1978 University of Virginia Hospital
Charlottesville, Virginia

Intern
Internal Medicine

1979-1981 University of Virginia Hospital
Charlottesville, Virginia

Resident
Internal Medicine

1991-1994 Medical University of South Carolina
Charleston, South Carolina

Resident
Psychiatry

ACADEMIC APPOINTMENTS:

2007- 2008 Clinical Assistant Professor of Psychiatry
Medical University of South Carolina
Charleston, SC

1999 –2005 Clinical Assistant Professor of Psychiatry
Medical University of South Carolina
Charleston, SC

1982-1985 Clinical Instructor in Medicine and Surgery
Medical University of South Carolina
Charleston, South Carolina

ADMINISTRATIVE APPOINTMENTS:

1986-1987 Medical Director
Goose Creek Emergency Medical Services
Goose Creek, South Carolina

1984-1985 Emergency Department Director
Georgetown Memorial Hospital
Georgetown, South Carolina

1984-1985 Medical Director
Georgetown County Emergency Medical Services
Georgetown, South Carolina

1983-1984 Emergency Department Director
Charleston Memorial Hospital
Charleston, South Carolina

HOSPITAL APPOINTMENTS/PRIVILEGES:

2002- present	East Cooper Medical Center	Mount. Pleasant, SC
1994-1995	Rutland Medical Center	Rutland, VT
1985-1994	Trident Medical Center	Charleston, SC
1982-1984	Charleston Memorial Hospital	Charleston, SC
1981-1985	Georgetown Memorial Hospital	Georgetown, SC

CLINICAL POSITIONS HELD:

1995 - present	Private practice of psychiatry and clinical research Mt. Pleasant, SC
1994-1995	Private practice psychiatry Allen Commons Associates in Psychotherapy Rutland, VT
1985-1994	Emergency Physician and Senior Partner Trident Emergency Physicians Trident Regional Medical Center Charleston, South Carolina
1992-1994	Contract Physician (Psychiatry , nine hours per week) Berkley County Mental Health Center Monks Corner, South Carolina
July, August, 1986	Volunteer Physician Mari-Med Foundation Out Islands Clinics Marshall Islands
1981-1982	Emergency Physician Georgetown Memorial Hospital Georgetown, South Carolina
1982-1984	Emergency Medicine Attending Charleston Memorial Hospital Charleston, South Carolina

HONORS:

Alpha Omega Alpha

MEMBERSHIPS:

American Psychiatric Association, Fellow
International Society for Traumatic Stress Studies
Association for Holotropic Breathwork International

OTHER CERTIFICATIONS:

1998	EMDR Levels I and II
1995	Grof Transpersonal Training Program Certified Holotropic Breathwork Practitioner

LANGUAGES SPOKEN:

English, French, Spanish

FUNDED RESEARCH:

3/2004 - present

Principal investigator FDA IND protocol # 63,384, A Phase II clinical trial testing the safety and efficacy of 3, 4- methylenedioxymethamphetamine (MDMA)-assisted psychotherapy in subjects with chronic posttraumatic stress disorder. Funded by Multidisciplinary Association for Psychedelic Studies, a private, nonprofit organization.

PUBLICATIONS:**Scientific Articles:**

Mithoefer,JC, Remmers,JE, Zubieta,G,
Mithoefer,MC, Pulmonary gas
exchange in Andean natives at high altitude
Resp. Physiol., 15:182, 1972

Mithoefer, M.C., The Physiology of
Hyperventilation, The Inner Door, 9, (10) May, 1997

Published Letters:

Mithoefer, MC, Jerome, L, Doblin, R, (2003) MDMA (“Ecstasy”) and
Neurotoxicity. *Science*:300: 1504

Sumnall HR, Jerome L, Doblin R, Mithoefer M (2003) Parkinson's disorder,
psychomotor problems and dopaminergic neurotoxicity in recreational
ecstasy/MDMA users. *Psychopharmacology* 167(4):449-450

Book Chapters:

Mithoefer, MC, MDMA-Assisted Psychotherapy for the Treatment of
Posttraumatic Stress Disorder. In Michael Winkelman and Thomas Roberts
(Eds.), *Psychedelic Medicine*. Praeger Publishing, 2007, pp 155-176

Mithoefer, MC, Informed Consent for Holotropic Breathwork, In Kylea Taylor
(Ed.) *Exploring Holotropic Breathwork*. Hanford Mead, Santa Cruz 2003

Mithoefer, MC, Brightman, TM, Tepfer, TA, Rossler, M: Some Anecdotes of
Healing and Holotropic Breathwork, In Kylea Taylor (Ed.) *Exploring
Holotropic Breathwork*. Hanford Mead, Santa Cruz 2003

Published Abstracts:

Mithoefer, MC, Pilot Study of MDMA-Assisted Psychotherapy for treatment
Resistant posttraumatic stress disorder (PTSD) that has been underway in the
United States since March 2004, Book of Abstracts 10th European Conference
on Traumatic Stress Opatija, Croatia, June, 2007, p. 32

Mithoefer, MC, MDMA-facilitated Treatment of PTSD, Papers of The 20th European College of Neuropsychopharmacology Congress, Vienna, October 13-17, 2007. The Journal of The European College of Neuropsychopharmacology v. 17, Supplement 4, October, 2007

Mithoefer, MC, Mithoefer, AT, Wagner MT, MDMA-Assisted Psychotherapy for the Treatment of PTSD, Current International Research, International Society for Traumatic Stress Studies 24th Annual Meeting, Chicago II, Abstract #: 195977, November 2008

INVITED LECTURES:

“MDMA-Assisted Psychotherapy – Study Design and Therapeutic Methods.” Meeting of The Israeli Society of Addiction Medicine, Tel Aviv, November 2002

“Hypotheses, Designs, Observations from FDA-approved Psychedelic Psychotherapy Research.” Pre-conference Workshop, 16th International Transpersonal Association Conference, Palm Springs, CA June 13, 2004

“Psychedelic Research Panel: A vision for the 21st Century.” 16th International Transpersonal Association Conference, Palm Springs, CA June 15, 2004

“Holotropic Breathwork and Mainstream Psychiatry, Present Realities and Possibilities for Integration.” 16th International Transpersonal Association Conference, Palm Springs, CA June 17, 2004

“MDMA-assisted Psychotherapy for Chronic Refractory PTSD, a Phase II Pilot Study.” Monthly meeting of the Coastal Chapter, American Psychiatric Association, July 13, 2004

“MDMA-Assisted Psychotherapy – Study Design, Therapeutic Methods.” and Preliminary Results, Meeting of The Israeli Society of Addiction Medicine, Tel Aviv, Israel March 24, 2005

“MDMA-assisted Psychotherapy for PTSD, A Phase II Clinical Trial, Preliminary Findings.” LSD- Problem Child & Wonder Drug – An International Symposium, Basel, Switzerland, January 14, 2006

“MDMA-assisted Psychotherapy for PTSD, A Phase II Clinical Trial, Preliminary Findings.” European Conference on Traumatic Stress, Opatija, Croatia, June 8, 2007

“MDMA-facilitated Treatment of PTSD”, co-chair, Symposium on “Drugs facilitation of psychotherapy in anxiety related disorders.” European College of Neuropsychopharmacology 20th Congress, Vienna, October 17, 2007

“MDMA-assisted Psychotherapy for PTSD, A Phase II Clinical Trial.” Horizons, Contemporary Perspectives on Psychedelics. A one day conference, New York, NY, October 27, 2007

“MDMA-assisted Psychotherapy for Posttraumatic Stress Disorder (PTSD): Therapeutic Process and Preliminary Results from a US Study.” World Psychedelic Forum, Basel, Switzerland, March 21, 2008.

“The Safety and Efficacy of 3,4-Methylenedioxymethamphetamine (MDMA)-assisted Psychotherapy for Treatment-resistant Posttraumatic Stress Disorder (PTSD): A Double-Blind Randomized Placebo-controlled Pilot Study.” Annual Meeting of the Royal College of Psychiatrists, Liverpool, England, June 4, 2009

POSTER PRESENTATIONS:

Mithoefer, MC, Mithoefer, AT, Wagner MT, MDMA-Assisted Psychotherapy for the Treatment of PTSD, International Society for Traumatic Stress Studies 24th Annual Meeting, Chicago IL, , November 2008