

THE PRESENTERS

Jeannie Little, LCSW
Executive Director, Harm Reduction Therapy Center, San Francisco

Patt Denning, PhD
Director of Clinical Services & Training, Harm Reduction Therapy Center

Andrew Tatarsky, PhD
Co-Director, Harm Reduction Psychotherapy and Training Associates

Alan Marlatt, PhD
Director, Addictive Behaviors Research Center, University of Washington

Frederick Rotgers, PsyD, ABPP
Associate Professor of Psychology, PCOM, Philadelphia

Ernie Drucker, PhD
Professor, Albert Einstein College of Medicine, Yeshiva University

Edward Khantzian, MD
Clinical Professor of Psychiatry, Harvard University

Sarz Maxwell, MD
Medical Director, Chicago Recovery Alliance

Joe Merrill, MD
Clinical Assistant Professor, University of Washington School of Medicine

Esker-D Ligon, RN, NP
Nurse Practitioner, Harm Reduction Therapy Center

Vicki Smith, RN, NP
Nurse Practitioner, Harm Reduction Therapy Center

Barbara C. Wallace, PhD
Associate Professor Health Education, Teachers College, Columbia University

Scott Kellogg, PhD
Clinical Assistant Professor, NYU Department of Psychology

Jimmie Turner, PhD
Professor of Psychology, John F. Kennedy University, Orinda Campus

**1ST NATIONAL
HARM REDUCTION THERAPY CONFERENCE
MAY 5 & 6, 2005**

**IMMEDIATELY FOLLOWING THE
INTERNATIONAL HARM REDUCTION
CONFERENCE IN VANCOUVER, B.C.
TO BE HELD ON MAY 1 – 4, 2006**

LILA GARNER, MS
1ST NATIONAL HRT CONFERENCE
ADDICTIVE BEHAVIORS RESEARCH CENTER
BOX 351629
UNIVERSITY OF WASHINGTON
SEATTLE, WA 98195-1629

**1ST NATIONAL
HARM REDUCTION THERAPY CONFERENCE
BRINGING US TOGETHER**

PRESENTED BY

The Harm Reduction Therapy Center

The Addictive Behaviors Research Center

Harm Reduction Psychotherapy and Training Associates

The Harm Reduction Journal

Cascadia Addiction Research and Education

SEATTLE, WASHINGTON

**FRIDAY, MAY 5TH
SATURDAY, MAY 6TH, 2006
8:30 AM – 6 PM
SOUTH CAMPUS CENTER
UNIVERSITY OF WASHINGTON**

DESCRIPTION

Held on **Friday May 5th** and **Saturday May 6th** in **Seattle, Washington** immediately after the International Harm Reduction Conference in Vancouver, BC, the **1st National Harm Reduction Therapy Conference** will present a state of the art overview of Harm Reduction Therapy (HRT). On the 1st day, presenters will outline the history and core principles of Harm Reduction Therapy, the clinical and theoretical rationale for HRT, and offer methods for clinical application. Following this, 2nd day presentations will focus on empirical support for HRT, the use of harm reduction methods by medical professionals and current controversies. A discussion about ethical considerations and future directions for Harm Reduction Therapy will close the conference on Saturday Evening.

Our intent is to bring together major contributors to the development of Harm Reduction Therapy to present their work. Each presentation will be followed by extensive questions and discussion. Our hope is that the presentations and panels will stimulate dialogue with audience members concerning issues and controversies related to Harm Reduction Therapy and that the conference will offer opportunities for participants to meet informally in order to share ideas, network, and support for each others' work.

CONFERENCE LOCATION

**THE SOUTH CAMPUS CENTER
UNIVERSITY OF WASHINGTON, SEATTLE**

Continuing Education Credits* for licensed NAADAC Practitioners, Nurses, Social Workers, Marriage and Family Therapists, and Psychologists practicing in **California** and for licensed social workers, psychologists, mental health counselors, marriage and family therapists, and chemical dependency counselors in the **State of Washington**.

*NOTE: Continuing Education Credit requires an **additional fee** to the accrediting agency.

CONFERENCE OVERVIEW

FRIDAY MAY 5TH 9:00 AM TO 6 PM

Opening Ceremony

History and Principles of Harm Reduction Therapy
Alan Marlatt, PhD

Why Harm Reduction Therapy? Trauma, Oppression, and Self-Determination
Jeannie Little, LCSW and members of the Harm Reduction and Trauma Workgroup

Harm Reduction Therapy, Part I: Principles and Techniques
Patt Denning, PhD

Harm Reduction Therapy, Part II: Multiple Meanings of Substance Use and the Centrality of the Therapeutic Alliance
Andrew Tatarsky, PhD

SATURDAY MAY 6TH 9:00 AM TO 6 PM

Empirical Support for Harm Reduction Therapy
Fred Rotgers, PsyD, ABPP

Use of Harm Reduction Methods by Medical Professionals
moderated by Patt Denning, PhD. Presenters invited include Sarz Maxwell, MD, Joe Merrill, MD, Esker-D Ligon, NP and Vicki Smith, NP

Current Controversies Concerning Harm Reduction Therapy
moderated by Alan Marlatt, PhD. Presenters invited include Edward Khantzian, MD, Scott Kellogg, PhD, Barbara Wallace, PhD and Jimmie Turner, PhD

Ethical Considerations and Visions for the Future of Harm Reduction Therapy moderated by Fred Rotgers, PsyD, ABPP. Presenters will be members of the conference planning committee: Patt Denning, PhD, Jeannie Little, LCSW, Andrew Tatarsky, PhD, Ernest Drucker, PhD, and Alan Marlatt, PhD

Closing Ceremony

REGISTRATION

COST

\$200 for the entire 2-day conference includes Continental Breakfast, Lunch, and Snacks

LOCATION

**SOUTH CAMPUS CENTER
ROOM 316
UNIVERSITY OF WASHINGTON
SEATTLE, WASHINGTON 98195**

REGISTER AND PAY ONLINE

Register and pay online at www.harmreductiontherapy.com or send completed registration form from the website and a check or money order made out to HRT Conference to: Lila Garner, MS Addictive Behaviors Research Center, Box 351629, University of Washington, Seattle, WA 98195-1629. Registration and credit card information can also send in a FAX to Michelle Garner, LICSW at 206-685-1310. Call George A. Parks, PhD, Conference Coordinator, at **206-685-7504**.

PLACES TO STAY

Hotels are close to the conference site at the UW's South Campus Center. Lodging rates and availability vary. Conference location is walking distance from hotels except the Silver Cloud Hotel that provides a free shuttle service to the South Campus Center.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
Toll free: (866) 944-4242
Local: (206) 826-4242

University Tower Hotel

4507 Brooklyn Ave NE
Seattle, WA 98105
Toll free (800) 899-0251
Local: (206) 634-2000

University Inn

4140 Roosevelt Way NE
Seattle, WA 98105
Toll free: (800) 733-3855
Local: (206) 632-5055

Silver Cloud Hotel

5036 25th Ave NE
Seattle, WA 98105
Toll free (800) 205-6940
Local: (206) 526-5200

CONFERENCE SPONSORS

Financial support for the conference has been received from **The Drug Policy Alliance, The Baron Edmond de Rothschild Chemical Dependency Institute** and several private donors.

SPONSORSHIP OPPORTUNITIES

Call **206-685-7504** to discuss how you can support this important event with your contribution.